



## **NUTRITIONAL INFORMED CONSENT**

According to the Federal Food, Drug and Cosmetic Act, as amended, Section 201 (g) (1), the term "DRUG" is defined to mean: *"Articles intended for use in the Diagnosis, Cure, Mitigation, Treatment or Prevention of disease."*

A vitamin is not a drug, NEITHER is a Mineral, Trace Element, Amino Acid, Herb, or Homeopathic Remedy.

Although, a Vitamin, a Mineral, Trace Element, Amino Acid, Herb, or Homeopathic Remedy may have an effect on any disease process or symptoms, this does not mean that it can be misrepresented, or be classified as a drug by anyone.

Therefore, please be advised that any suggested nutritional advice or dietary advice is not intended as any primary treatment and or therapy for any disease or particular bodily symptom.

Nutritional counseling, vitamin recommendations, nutritional advice, and the adjunctive schedule of nutrition is provided solely to upgrade the quality of foods in the patient's diet in order to supply good nutrition supporting the physiological and bio-mechanical processes of the human body.

Nutritional advice and nutritional intake may also enhance the stabilization of the eight(8) chemical components of the VSC (Vertebral Subluxation Complex).

I specifically authorize, Susan E. Kelenyi, DC to perform a Nutritional Blood analysis, Nutritional Exam, and to develop a natural, complementary health improvement program for me which may include dietary guidelines, nutritional supplements, etc. in order to assist me in improving my health, **and not the treatment, or "cure" of any disease.**

I understand that **Nutritional Blood Analysis is a safe, natural method** of analyzing the body's physical and nutritional needs, and that deficiencies or imbalance in these areas could cause or contribute to various health problems.

I understand that Nutrition Blood Analysis is not a method for "diagnosing" or "treating" of any disease including conditions of cancer, AIDS, Infections, or other medical conditions, and that these are not being tested for or treated.

No promise or guarantee has been made regarding the results of Nutrition Blood Analysis or any natural health, nutritional or dietary programs recommended, but rather I understand that the testing may determine possible nutritional imbalances, so that safe natural programs can be developed for the purpose of bringing about a more optimum state of health.

I am aware that Optimal Health & Wellness Center recommends that medications **NOT** be discontinued without the consent of the prescriber.

**I have read and understand the above:**

Signature \_\_\_\_\_ Date \_\_\_\_\_

If a Minor, signature of Parent or Legal Guardian

\_\_\_\_\_ Date: \_\_\_\_\_

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